

HISTORY IN THE MAKING



The Movement to Make “Health for All by 2020” a Reality





The Background:

Dr. Matthias Rath's discovery of nutrient deficiencies as the underlying cause of heart disease in 1990, as well as his later discoveries of natural approaches to cancer and many other health problems, mobilized a most powerful opponent – the pharmaceutical industry. This industry realizes that if these discoveries are widely implemented, its patented drugs will soon become redundant and the most profitable business on Earth will collapse.

The only way to protect their “business with disease” is by stopping the implementation of natural health approaches. Therefore, curtailing information about the health benefits of science-based natural approaches and limiting people's access to these nutrients have become important targets of this business. In the 1990s, this industry was behind efforts to make vitamins and other essential nutrients pre-

scription drugs in the US. Thanks to the mobilization of millions of Americans who realized that their health freedom was at stake, these efforts were stopped and, in 1994, the Dietary

The people's quest for natural health freedom

Supplement Health and Education Act (DSHEA) was implemented as a law to guarantee free access to nutritional supplements. With such a great defeat in the US, the multinational pharma interests regrouped at the international level. Their goal was to implement anti-vitamin legislation worldwide by acting through the UN regulatory agency called the Codex Alimentarius Commission.

Realizing this as an historic opportunity to win our health, Dr. Rath and his supporters have been leading the global battle to stop anti-vitamin Codex legislation and other national legislations from limiting natural health freedom. This booklet is a short account of these efforts. It also underscores that the struggle for natural health continues and the future of our health depends on what we can do today to stop Big Pharma's business with disease and to make “Health for All by 2020” a reality.

1996

Bringing Awareness of Codex to the United States

Dr. Rath's discovery of the natural causes of heart disease and the publication of the clinical proof showing that the natural solutions for eliminating this problem are real brought hope to millions of people. At the same time, this breakthrough was instrumental in mobilizing the global efforts of pharmaceutical companies to limit access to nutritional supplements.

Dr. Rath became the leading voice in alerting the American people and representatives of Congress that the United Nations' efforts to ban access to vitamins and natural health information through the Codex Alimentarius Commission would have a global impact on vitamin freedom. Dr. Rath, together with Dr. Aleksandra Niedzwiecki, co-author of this important study published in the *Journal of Applied Nutrition*, visited several representatives of Congress to personally deliver this message. To many Americans at that time, it was inconceivable that international regulations could have an impact on American legislation. The well-camouflaged truth is that the decisions of



Dr. Rath and Dr. Niedzwiecki meeting with Congressman De Fazio in his office in Oregon to discuss the impact of Codex on US dietary supplement legislation and vitamin freedom.

Codex have an impact on the American law of DSHEA, thus threatening the American people's free access to vitamins and other essential nutrients.

Through the World Trade Organization, for example, which uses Codex texts as the benchmark when ruling on international trade disputes, punitive economic sanctions can be imposed on countries that do not comply with Codex guidelines on dietary supplements. Under these circumstances, it is clear that the pressure of trade sanctions would put DSHEA in jeopardy. (Further details on this can be found in the Dr. Rath Health Foundation's DSHEA brochure: *HIGH ALERT: The Time to*

Defend Your Health Freedom Is NOW!)

The host of the UN Codex Commission was Germany - the cradle of the pharmaceutical business and one of the leading export nations of pharmaceutical drugs - led by Chancellor Helmut Kohl, a former pharma lobbyist. In an Open Letter to Chancellor Kohl and the German Parliament, Dr. Rath demanded the withdrawal of German patronage from Codex and urged millions of people worldwide to join him in the battle for natural health freedom.

1997

The Chemnitz Program

Dr. Rath's programmatic speech given to an audience of 3,400 people at City Hall in Chemnitz, Germany has become an historic document. It outlined future directions in the battle for health and vitamin freedom worldwide. In this programmatic speech, Dr. Rath for the first time identified the pharmaceutical industry as an investment business based not on the promotion of effective health solutions, but on the continuation and expansion of diseases.



Chemnitz, Germany was the site of an historic address by Dr. Rath.

The impact of this message made it politically impossible for German Chancellor Kohl to proceed with his dual patronage of the Codex Alimentarius Commission and the international pharmaceutical cartel for at least two more years. It opened up public questions regarding the corporate sponsorship of Kohl's election campaigns, which has never been revealed by Kohl, and led to the end of his political career.

1998

Berlin Tribunal and Victory Against Codex

At the Berlin Tribunal in Germany, Dr. Rath officially charged the pharmaceutical cartel with mass murder and the deliberate suppression of people's access to vitamins and other essential nutrients. While people in the US enjoyed free access to the nutritional supplements of their choice, in Germany a tablet containing 500 mg. of vitamin C was considered a drug and available by prescription only.

In November of that year, a public rally outside the building of the German Consumer Protection Agency (BGVV) in Berlin, which was hosting the Codex conference, helped to defeat the anti-vitamin plans of the pharmaceutical cartel for two more years. Some of the official delegates to Codex, such as ones from New Zealand and Norway, joined Dr. Rath and his supporters in demonstrating outside the building. They stated that such an example of courage and determination helped Codex delegates from many countries realize the effect of their actions on the future health and lives of millions of people.



Dr. Rath and G. Oden — the Codex delegate from New Zealand — in front of the building that hosted the Codex meeting.

1999

Winning International Acceptance in the United Kingdom

The defeat of Codex in Berlin in 1998 redirected the pharma cartel's efforts to limit access to natural



Dr. Rath published brochures to raise awareness about laws criminalizing the use of natural therapies.

substances to another leading pharma export nation - the UK. These plans were revealed by an unprecedented public information campaign initiated by Dr. Rath. Printed newspapers detailing these plans and their impact on the health of the British people reached millions of households in London in August 1999. Shortly after that, parliament members were called back for a special session that resulted in stopping MLX 249, a law that would have criminalized the use of natural therapies in the UK.



Thanks to the grassroots awareness campaign led by Dr. Rath, MLX 249 failed to pass.

2000

Codex Movement Successfully Growing

During the subsequent yearly Codex meeting, thousands of people joined Dr. Rath at a conference in Berlin with the theme "Health in the 21st Century." This international meeting presented scientific and clinical proof of the effectiveness of natural therapies in controlling many human diseases



An international meeting in Berlin presented proof that natural therapies can control many human diseases.

and was followed by an anti-Codex rally outside of the building hosting the Codex delegates.

Again, these efforts, together with written petitions and the half-million emails that were sent from Dr. Rath's website to Codex delegates, ensured that the plans of the pharmaceutical cartel did not succeed.



2001

The Largest Referendum and Victory Against Codex

The UN Codex Alimentarius Commission met again in Berlin in a further attempt to pass global legislation to restrict access to nutritional supplements and other natural health therapies. Once again, Dr. Rath organized a massive demonstration outside the Codex building attended by thousands of people. Many joined this effort from other European countries, as well as from the US. This demonstration was preceded by a health symposium attended by 2,500 people.

In what constituted the largest health referendum in history, Dr. Rath's supporters sent a staggering

A vitamin freedom rally was held in Berlin.

180 million emails to Codex delegates and leading politicians in an unprecedented outcry of protest. Significantly, more than half of these protest letters were sent by concerned citizens of the US who, as a result of Dr. Rath's public information efforts, recognized the Codex initiative as a direct threat to health freedom. Unfortunately, however, most US organizations and individuals still remain to be convinced that Codex legislation could have an impact on DSHEA.

As a result of Dr. Rath's anti-Codex campaign strategies, the 2001 Codex Commission meeting in Berlin was once again unable to pass global legislation to restrict access to natural therapies.

2002

The Dr. Rath Health Foundation Leads a Global Battle for Vitamin Freedom in Europe and Africa

Dr. Rath's longstanding commitment to health and social values led to the launch of the Dr. Rath Health Foundation, a non-profit organization that supports a broad spectrum of activities in the fields of human health, peace, and social justice.



Dr. Rath founded the Health Foundation to support health, peace, and social justice.

March: In Europe, the European Union (EU) Parliament passed the Food Supplements Directive in an unscrupulous attempt to forbid the use of effective natural therapies and dietary supplements. This happened despite the outcry of millions of Dr. Rath's supporters from around the world, who had been emailing their protests to Parliament members and officials. This avalanche of protest emails eventually crippled the Parliament's email system, leading to MEPs demanding that the president of the Parliament consider urgent measures to enable them to communicate again. Over



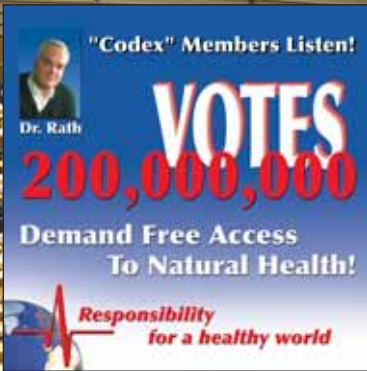
European Union Parliament, 2002.

600 million emails in total were sent in opposition to the directive. Dr. Rath was personally present at one of the meetings of EU parliamentarians to deliver an official protest to the president of the EU session.

August: Pharmaceutical interests turned to the African continent, crippled by the spread of AIDS, as another market for their drugs. Dr. Rath attended the World Summit in Johannesburg, South Africa where his program "Health for All by 2020", presented in the Summit's materials, triggered the long overdue adoption of natural health measures into the public health policies of several countries



Dr. Rath addresses a European Union Parliament official in 2002.



in Africa, the Middle East, and the Far East. On this occasion, he established personal contact with the delegates from South Africa, the country that was courageously opposing pharma multinationals at the UN level, as well as resisting their overpowering control in South Africa.

November: Two days before the next Codex meeting in Berlin, 3,000 people attended the natural health congress "Make Health Not War—A Peaceful and Healthy World Is Possible!" at the invitation of the Dr. Rath Health Foundation. The congress featured speeches by representatives from South Africa, the US, UK, Germany, and many other countries that supported the same goals as

Dr. Rath and the Foundation. Again, thousands of people attended a rally in front of the Codex building to loudly demand that their health choices be respected.

For the fifth time in a row, the efforts of Dr. Rath and his supporters were again successful in preventing a



Dr. Rath triggered the adoption of natural health measures in public health policies in Africa.

global ban on natural, non-patentable therapies. A particularly vital factor in this victory was an international email campaign during which millions upon millions of protest emails were sent to Codex delegates from all around the world.



Dr. Rath led a protest email campaign against Codex policies.

2003

The Hague Tribunal Reveals the Pharmaceutical Industry as a Larger Benefactor of the Iraq War

June: On June 15, Dr. Rath brought a complaint to the International Criminal Court in The Hague of genocide and other crimes against humanity committed in connection with the pharmaceutical “business with disease” and the war against Iraq. Following this event, the Athens Bar Association delivered its own complaint against UK Prime Minister Tony Blair and other senior British ministers to the chief prosecutor of the International Criminal Court on July 28.

November: Experiencing continuous pressure from protesters in Berlin, the Codex Nutrition Committee began meeting in Bonn, Germany instead. However, this did not stop the determination of people fighting for their health rights, as representatives from 15 different countries spoke out against the planned Codex laws at an international protest event organized by the Dr. Rath Health Foundation. The event was attended by almost 1,000 people.

A significant victory following the many years of campaigning by Dr. Rath and his supporters



2003 saw Dr. Rath bring a complaint to the International Criminal Court

was that the Codex Alimentarius Commission began allowing members of the general public to attend German Codex meetings as observers. With this decision, Codex delegates could no longer hide behind closed doors during their attempts to ban natural health therapies.

The Codex Commission also agreed this year to reject the idea that recommended daily allowances (RDAs) should form the upper limits



in The Hague against pharmaceutical interests.

for vitamin and mineral dosage levels.

Globally, Dr. Rath's series of Open Letters published in the *New York Times* and many other international leading newspapers exposed the pharmaceutical agenda behind the war in Iraq and helped to deny any mandate for this war. By publicly warning that any use of weapons of mass destruction during the war in Iraq could be abused, Dr. Rath exposed such intentions and rendered them too risky to execute.



Dr. Rath's series of Open Letters published in the *New York Times* exposed the pharmaceutical agenda behind the war in Iraq.

2004

Health, Peace, and Social Justice

South Africa: The Dr. Rath Health Foundation Africa opened an office in Cape Town in order to work with the people of South Africa, the South African government, and the rest of the developing world in taking advantage of the scientific breakthrough in natural health and in breaking the chains of pharmaceutical colonialism and its “business with disease.”

The world’s awareness of the unethical pharmaceutical business with disease also gained dramatic support from the Vatican in 2004, when, on January 29, Father Angelo D’Agostino, a Vatican spokesman, condemned the pharmaceutical “drug cartels” as being “genocidal” and having a “lack of social conscience.”

USA: On April 25, for the first time in its century-old history, the *New York Times* allowed a public call for the impeachment of a US president from outside the country. In an Open Letter entitled “Prevent World War III – Now!,” Dr. Rath called upon the American people to impeach President Bush and Vice President Cheney.

For the past three weeks, the world has been assailed by infamous pictures of Iraqi prisoner abuse. Reports of the abuse have been known for several months, and millions of people worldwide asked, "Why were they made public only now?" The following Open Letter by Matthew Rath, M.D., published by The New York Times on April 25, 2004, preceded publication of the abuse by only three days.

The sequence of events documented in Dr. Rath's Open Letter provides Senator John Kerry with general arguments against the Bush/Cheney Administration. Why does he not act on them? Could it be because the same financial interests influence Senator Kerry and because John D. Rockefeller IV is the head of Kerry's presidential election campaign in West Virginia?

The only way for the people of America to build a healthy and peaceful nation and uphold its constitution of and democratic rights as manifested in the "Declaration of Independence" is to demand the immediate impeachment of George Bush! The time to act is now!

When Will You Speak Up?

Prevent World War III - Now!

The Bush/Cheney Administration has only one chance for survival. Forcibly elect to prevent World War III!
The people of America, all Heads of State and the United Nations must act now to prevent Armageddon!

PREPARATIONS FOR WW III ARE UNDER WAY

... [Text continues with details of military and intelligence preparations]

EVERY RESPONSIBLE PERSON MUST ACT TO PRESERVE WORLD PEACE - NOW!

... [Text continues with a call to action for citizens]

REMEMBER THE FACTS

... [Text continues with key facts about the administration]

THE OFFENSIVE FOR BUSH/CHENEY NOW

... [Text continues with details of the administration's strategy]

THE UNITED NATIONS MUST TAKE ACTION NOW!

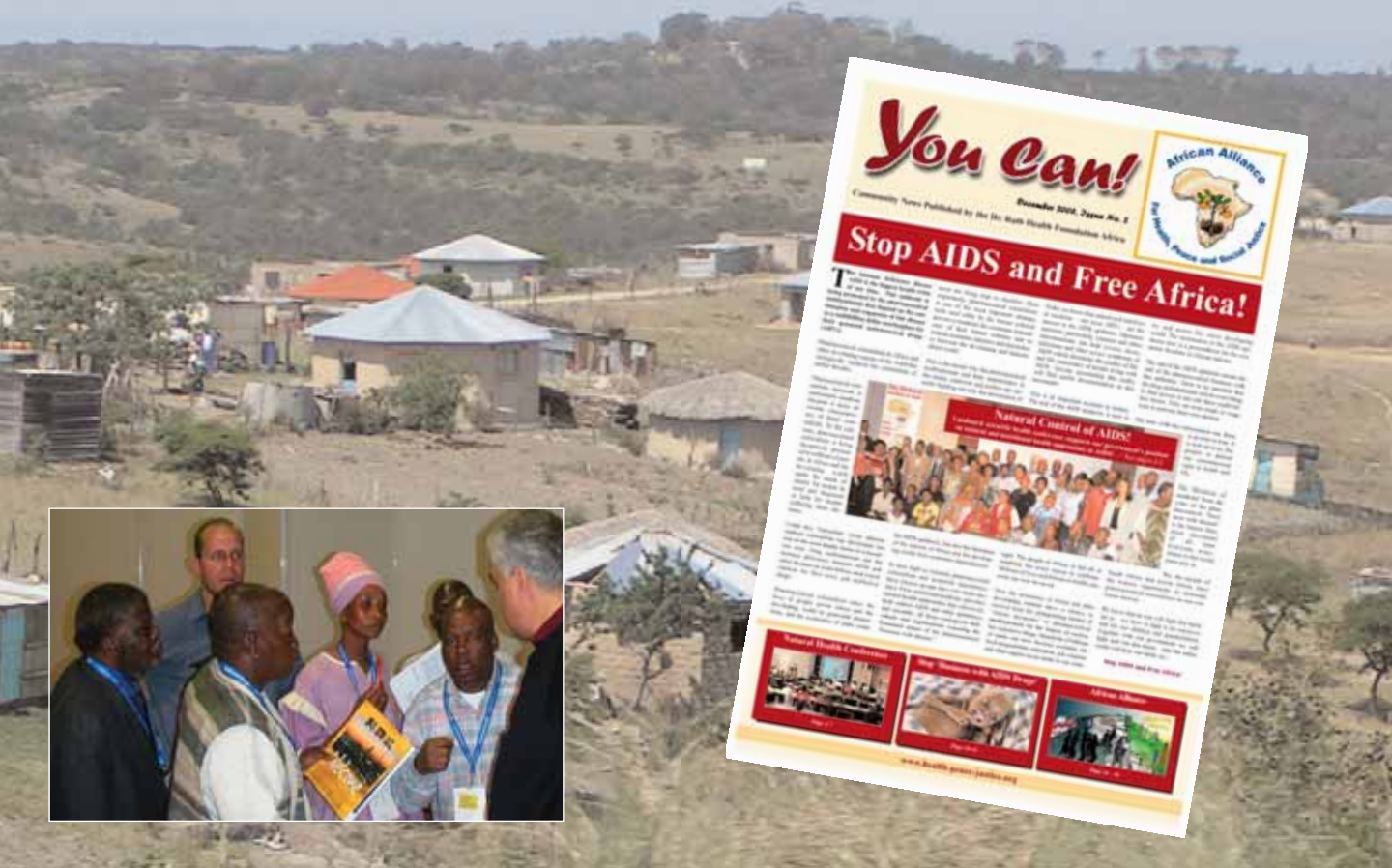
... [Text continues with a call for international action]

Matthew Rath

U.S. Declaration of Independence
For more information: www.drath-foundation.org

In a *New York Times* Open Letter, Dr. Rath called for the impeachment of President Bush.

Subsequent to an Open Letter that Dr. Rath published in the *New York Times* on June 30, UN Secretary General Kofi Annan finally admitted on the BBC on September 15 that the war against Iraq was illegal.



The Dr. Rath Health Foundation Africa began publishing the newspaper *You Can!* to cover alternative health and the pharmaceutical industry's push for ARV drugs.

Europe: On October 31, the Dr. Rath Health Foundation welcomed an impressively large international audience to a "Stop Codex!" event held at the Bad Godesburg municipal hall in Bonn, Germany. The following day, a large crowd of people gathered at the site of the meeting of Codex delegates in order to join a "Stop Codex!" protest march with Dr. Rath.



Dr. Rath led a "Stop Codex!" event in Bonn, Germany.

2005

Leading an International Movement

Europe: In July 2005, the Codex Alimentarius Commission met in Rome, Italy and, after a decade of trying, adopted its controversial Guidelines for Vitamin and Mineral Food Supplements as a new global standard.

However, as a result of persistent opposition from Dr. Rath and the global health freedom movement, the text agreed to in Rome was only a “framework” document. It has not yet set any of the more restrictive aspects of the guidelines, such as the maximum nutrient levels to be permitted in vitamin and mineral supplements. A further significant victory in 2005 was that the Codex Alimentarius Commission began publishing recordings of its meetings on the Internet, making them a matter of public record.

Another major milestone occurred in 2005 when Dr. Rath formed the Alliance for Health, Peace, and Social Justice (AGFG) in Germany. The formation of this natural health political party was necessary because elected officials cannot be trusted to protect free access to natural therapies. One of the objectives of AGFG is to fight the political influ-



Dr. Rath formed the Alliance for Health, Peace, and Social Justice in 2005.

ence of the pharmaceutical industry by submitting candidates for public office who support the right to natural health. The recent rash of anti-vitamin legislation around the world bears out that the majority of politicians have been bought by the pharmaceutical industry.

In the 2005 elections held in Saxony, Germany, the AGFG party received 20,000 votes, a remarkable result given the fact that it had only been formed a matter of months earlier. This provides strong evidence that many people have grown tired of the political status quo. The ultimate goal of AGFG is to help ensure that all citizens equally enjoy the right to health, security, and a life of dignity. This is the prerequisite for a world of health, peace, and social justice, and AGFG is committed to replacing all politicians who oppose such a world.



“Health for All by 2020”

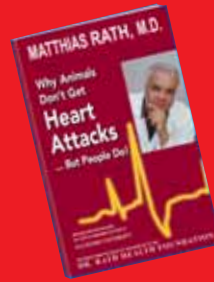
Our continuing efforts include events, petitions and communication campaigns. The work of defending health freedom continues and requires your participation. For information about how you can join your voice with millions of other health freedom advocates around the world, please email us at contact@dr-rath-foundation.org or call us at 1-800-381-4185.

www.dr-rath-foundation.org



Matthias Rath, M.D., the successor of the late two-time Nobel Laureate Dr. Linus Pauling, has led breakthroughs in the natural control of cancer, cardiovascular disease, and other chronic health conditions.

Dr. Rath's new concept of Cellular Health is documented in the following publications:



Why Animals Don't Get Heart Attacks...But People Do!

Dr. Rath pioneered research that connected heart disease to vitamin deficiency. *Why Animals* details the scientific breakthrough that explains why cholesterol is not the cause of heart disease.

ISBN # 0-9679546-8-1



Cancer

Like heart disease, Dr. Rath believes that cancer will be eventually eradicated as a result of cellular nutrition. *Cancer* chronicles his findings.

ISBN # 0-9679546-2-2



Ten Years That Changed Medicine Forever

Follow the saga of Dr. Rath, whose quest for the truth took him across two continents and continues today.

ISBN # 0-9679546-3-0

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